


**Supermacs Allergen Sheet**

(Rev 09; May 2019)

	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide & Sulphite	Lupin	Molluscs
<b>Fries</b>														
Fries (Seasoned With Aromat Blend)	Y(W)					Y	Y							
Garlic & Cheese Fries	Y(W)		Y			Y	Y			Y				
Curry Fries	Y(W)					Y	Y		Y	Y				
Coleslaw Fries	Y(W)		Y			Y	Y			Y				
Taco Fries	Y(W)		Y			Y	Y			Y				
<b>Beef Products</b>														
Fresh 7.5oz Burger	Y(W)		Y			Y	Y		Y	Y	Y			
Fresh 5oz Burger	Y(W)		Y			Y	Y		Y	Y	Y			
Fresh 5oz Burger with Bacon & Cheese	Y(W)		Y			Y	Y		Y	Y	Y			
Smokey Bacon Burger	Y(W)		Y			Y	Y			Y	Y			
Mighty Mac Burger	Y(W)		Y			Y	Y		Y	Y	Y			
Cheeseburger	Y(W)		Y			Y	Y			Y	Y			
Regular Burger	Y(W)		Y			Y	Y			Y	Y			
1.6oz Frozen Meats (Rangeland)														
2.5oz Fresh Meats (Rangeland & Liffey)														
Taco Beef (No fries, sauce or cheese)														
<b>Chicken Products</b>														
Chicken Breast Sandwich	Y(W)		Y			Y				Y	Y			
Grilled Chicken Breast Sandwich (Light Mayo)	Y(W)		Y			Y	Y		Y	Y	Y			
Chicken Wrap with Garlic Sauce	Y(W)		Y			Y	Y		Y	Y	Y			
Chicken Wrap with Sweet Chilli Sauce	Y(W)		Y			Y	Y		Y	Y	Y			
Chicken Wrap with Salsa Sauce	Y(W)		Y			Y	Y		Y	Y	Y			
Chicken Burger	Y(W)		Y			Y				Y	Y			
Chicken Tenders Portion (Frozen - Pan Euro)	Y(W)		Y			Y	Y		Y	Y	Y			
Chicken Tenders Portion (Fresh)	Y(W)		Y											
Chicken Pieces (snackbox, lunchbox etc)	Y(W)					Y								
Chicken Nuggets (Glenhaven & Grove Fm)	Y(W)		Y											
Chicken Wings ('Crispy Wings')	Y(W)								Y					
Breaded Chicken Fillet (No bun or dressings)	Y(W)		Y											
Chicken Burger (No bun or dressings)	Y(W)													
Grilled Chicken Fillet (No bun or dressings)									Y					
<b>Breakfast Products</b>														
Breakfast Roll	Y(W/O)		Y			Y	Y		Y	Y		Y		
Sausages (Cocktail, Jumbo & Regular)	Y(W)						Y			Y		Y		
Breakfast Bacon														
Black Pudding	Y(W/O)						Y			Y		Y		
White Pudding	Y(W/O)						Y			Y		Y		
<b>Other Products</b>														
Cooking Oil (Prep ZT)														
Aromat Blend (Fry Seasoning)						Y	Y							
Battered Cod	Y (B/W)			Y										
Steak Sandwich (No sauce)	Y(W)					Y	Y							
Veggie Burger (Dressed)	Y(W/O)		Y			Y				Y	Y			
Veggie Burger (No bun or dressings)	Y(O)					Y								
Onion Rings	Y(W)													
<b>Sauces</b>														
BBQ Sauce Bottle (PJs)	Y(B)									Y				
Chipotle Mayo (Presto)			Y							Y				
Peri Peri Mayo (Presto)	Y(W)		Y			Y				Y				
Cajun Mayo (Presto)			Y							Y				
Chilli Sauce (Hammonds)														
Ketchup (Blenders) 5.5Kg	Y(B)								Y					
Ketchup (Blenders Sachets)	Y (B)								Y					
Ketchup Sachets (Heinz)									Y					
Ketchup Dispensers Lobby (Heinz)									Y					
Mayo Sachets (Hellmanns)			Y							Y				
Curry Sauce (Mc Donnell's)	Y(W)								Y	Y				
Tartare Sauce Sachets (Blenders)			Y							Y				
Mayonnaise (Blenders)			Y							Y				
Taco Sauce (Bottles)			Y							Y				
Garlic Mayo Sauce (Buckets & Dips)			Y							Y				
Burger Sauce (Buckets & Dips)			Y							Y				
Blenders Chicken Burger Bottles			Y							Y				
Blenders Smokey Sauce Bottles			Y							Y				
Supermacs BBQ Dip														
Supermacs Sweet & Sour Dip														
Light Mayo			Y							Y				
<b>Desserts</b>														
Chocolate Muffin (Supermacs)	Y(W)		Y			Y	Y							
Blueberry Muffin (Supermacs)	Y(W)		Y			Y	Y							
Muffin & Ice Cream	Y(W)		Y			Y	Y							
Hard Ice Cream w/cone (See scoop allergy chart)	Y(W)					Y	Y							
Soft Ice Cream w/cone	Y(W)					Y	Y							
Ice Cream Cone 99	Y(W)					Y	Y							
Triple Choc Chip Cookie	Y(W)		Y			Y	Y							
White Choc & Raspberry Cookie	Y(W)		Y			Y	Y							
Triple Chocolate Cookie & Ice Cream	Y(W)		Y			Y	Y							
White Chocolate Cookie & Ice Cream	Y(W)		Y			Y	Y							
Maltesers (For Swirleys)	Y(BW)					Y	Y							
Cadburys Buttons (For Swirleys)							Y							
Aero Mint Bubbles (For Swirleys)							Y							
Caramel Nibbles (For Swirleys)							Y							
Oreo Biscuit	Y(W)					Y								
Ferrero Rocher	Y(W)					Y	Y	Y (Hazel)						
Monin Strawberry Syrup							Y							
Monin Caramel Syrup							Y							
Monin White Chocolate Syrup							Y							
Monin Dark Chocolate Syrup							Y							
Strawberry Milkshake (Monin Syrup)							Y					Y		
Chocolate Milkshake (Monin Syrup)							Y					Y		
Vanilla Milkshake							Y					Y		
Swirley with caramel (Without Sweets)							Y							
Ice Cream Sundae							Y							
Ice Cream Twist with Flake							Y							
<b>Drinks</b>														
Coke (From drinks dispenser)														
Diet Coke (From drinks dispenser)														
Sprite (From drinks dispenser)														
Fanta (From drinks dispenser)														
Tea with Milk							Y							
Americano with milk							Y							
Cappuccino							Y							
Mocha							Y							
Latte							Y							
Hot Chocolate							Y							
Slushee														

"Y" highlighted in blue signifies that the particular allergen is present. Products identified as containing gluten have a letter assigned to indicate which cereal the gluten comes from as follows: (W) = Wheat (B) = Barley (R) = Rye (O) = Oats. In compliance with Regulation No (EU) 1169/2011 on the provision of food information to Consumers, Supermacs have made this information available to assist our customers in making safe and informed decisions on their food choice. If however you as a customer have any specific requests, uncertainty or require additional information, please contact 091-774100. Although our fries do not contain gluten, despite best efforts they may be cooked in oil that has been used to cook products containing gluten, therefore cross contamination with trace amounts of gluten is possible. Information regarding allergens is correct at print (MAY 2019) but is subject to change without notice, depending on supplier and availability of product. This list was compiled based on information provided by our Suppliers and Manufacturers. Supermacs disclaims responsibility for any decisions made by its customers regarding consumption of their food.



